

MENTAL HEALTH NURSE SERVICE FREE FOR YOUR PATIENTS

Enhancing Mental Health and
wellbeing in our diverse community



Knox Divisions' MENTAL HEALTH NURSE SERVICE has expanded with the employment of three new nurses, bringing our team up to seven. These highly skilled Mental Health Nurses can support the management of your patients' mental health needs. The nurses are available to see patients in your clinic, at Knox Community Health Service Wantirna site or at Knox Division's Consulting Rooms at our new office in Scoresby.

What can the nurses provide?

- Regular appointments for patients with significant mental illness and complex needs.
- Regular mental state assessments, risk assessments, therapeutic interventions, medication monitoring, psycho-education and counselling.
- Care coordination and referral to appropriate community agencies and acute sector.
- Support for family/carers and significant support persons.

What makes this service different from a Practice Nurse or Psychologist?

- It's free and offers an unlimited number of sessions. It assists in linking the patient with community services to meet their individual needs.
- Assists GPs to focus on high level Mental Health Management by helping to implement the patient's Mental Health Treatment Plan (2710).
- It supports, advises and works alongside the GP, Receptionist/Clinic Staff and Psychologist to provide a cohesive, multidisciplinary approach to patient care.

Who is eligible for the program?

Individuals who meet any of the following criteria:

- Have a diagnosed mental disorder which significantly affects their daily living e.g. Bipolar Affective Disorder, Schizophrenia, Psychosis, Depression, Post Natal Depression, Borderline Personality Disorders / Traits, Dual Diagnosis – Drug and Alcohol), Obsessive Compulsive Disorder and Anxiety.
- Have been hospitalised or are at risk of hospitalisation or relapse of their illness.
- Require continuing treatment and management over a prolonged period.
- Have a current Mental Health Treatment Plan (Item 2710)
- Have a GP who is responsible for their clinical mental health care.

For more information or to refer your patients to the Mental Health Nurse Service please complete the details below and **fax to Raylea O'Loughlin at Knox Division on 9764 9828.**

Our Practice is interested in the Mental Health Nurse Service. Please contact me so that we can learn more about it.

Name: _____

Practice: _____

Phone: _____ Fax: _____



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